

USEFUL CONTACTS

Health Services	NHS 111 Service: 111 Northampton General Hospital, Cliftonville, Northampton, NN1 5BD: 01604 634700
Alcohol, Drugs and other Addictions	CAN Young Peoples' Team, 76 St. Giles Street Northampton NN1 1JW : Tel: 08450 556 246 Aquarius, 36-38 Abington Square, Northampton, NN1 4AA: 0300 456 4292 Drinkline (advice on alcohol related problems): 0800 917 8282 Alcoholics Anonymous: 0845 769 7555 GamCare (gambling problems): 0808 8020 133 Bridge Substance Misuse Programme, 63 Gold St, Northampton, NN1 1RA: 01604 621259 or 07877 041360 S2S (Substance to Solutions), Spring House, 39 Billing Rd, Northampton, NN1 5BA: 01604 211304
Homelessness	Northampton Borough Council's Housing Options Team, Guildhall, Northampton, NN1 1DE: 01604 837385 CAN Supported Housing, 81 St Giles St, Northampton, NN1 1JF: 01604 250678 Oasis House, 35-37 Campbell St, Northampton, NN1 3DS: 0845 519 9371 Mayday Trust, 4 Broadmead Ct, St Albas Rd, Northampton, NN3 2RU: 01604 415488 Shelter (housing and homelessness): 0808 800 4444 Salvation Army (homelessness): 0845 634 0101
Mental Health	Mind (mental health charity): 01604 634 310 Sane helpline (mental health charity): 0845 767 8000 Mencap (learning disabilities charity): 0808 808 1111 Campbell House (Community Mental Health Team), Campbell Square, Northampton, NN1 3EB: 01604 658800
Family and Relationships	Parentline Plus (help and support for parents): 0808 800 2222 National Domestic Violence Helpline: 0808 2000 247 Mankind (supporting male victims of domestic abuse or violence): 01823 334 244 National Victim Support (helping people to cope with the effects of crime): 0845 3030 900 Women's Aid: 0845 122311 Nene Valley Christian Family Refuge: 01604 230311 Relate (relationship counselling and support services), St Giles' House, 76 St Giles' Terrace, Northampton, NN1 1JW: 0300 100 1234 Manna House Counselling Service, 73 St Giles' St, Northampton, NN1 1JF: 01604 633304
Financial	National Debtline (debt advice): 0808 808 4000 Payplan (debt advice): 0800 716 239 Northants Credit Union, One Stop Shop, Guildhall, Northampton, NN1 1DE: 07410 700952
Other useful numbers	Northamptonshire Police: 101 Social Services, Northampton County Council: 01604 236236 Citizens Advice Bureau (legal, money and other problems), 7-8 Mercers Row, Northampton, NN1 2QL: 01604 235080 Samaritans (confidential emotional support): 08457 909090 National Bullying Helpline: 0845 2255787 Crimestoppers (call anonymously with information about crime): 0800 555 111. C2C Social Action: 07707 270 889